

# POWER LIFT®

POWERFUL IDEAS FOR POWERFUL RESULTS

## LYING TRICEP BENCH

The Lying Tricep Bench is an ideal lifting piece for any facility. Specifically designed with high-performance athletes in mind, our Lying Tricep Press effectively targets athletes' triceps and core. This piece offers unbeatable functionality, including three-peg weight storage, a spotter's area, a 1" stainless steel bar catch that extends out 4" for bar placement, and high quality 2" foam pads.



### KEY FEATURES:

- 3 peg weight storage on each side of bench
- Unique walk through spotter's area offers easy access for user
- 1" Stainless steel bar catch extends out 4" for bar placement

### Overall Dimensions:

77 1/8" (D) x 42 3/4" (W) x 29 5/8" (H)  
200 lbs. (Approximate Weight)

### Warranty:

Lifetime conditional warranty on frame components. One year on bearings and 90 days on upholstery and items not specified.

### Part Number:

64000D

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